



Heartland Community Schools  
**January 2025**



		1 <b>NO SCHOOL</b> 	2 <b>NO SCHOOL</b>	3 <b>NO SCHOOL</b>
6 <b>NO SCHOOL</b>	7 <b>NO SCHOOL</b>	8 <b>Tornado</b>  Taco Salad Steamed Corn Mini Donuts	9 <b>Breakfast Pizza</b> Pork Tenderloin Mashed Potatoes Gravy Dinner Roll	10 <b>Cereal</b>  Pizza Steamed Peas Slushies
13 <b>Pancake Wrap</b> Chicken Alfredo Steamed Broccoli Dinner Roll	14 <b>Chocolate Chip French Toast</b> Deli Sandwich Chips Cookie	15 <b>Strawberry Bagel</b>  Tacos Long John Steamed Corn	16 <b>Long John</b> Grilled Cheese Tomato Soup Tri Tater	17 <b>NO SCHOOL</b>
20 <b>Blueberry Waffles</b>  Spaghetti Garlic Bread Steamed Corn	21 <b>Sausage &amp; Biscuit</b> Chicken Patty Sandwich French Fries Steamed Peas	22 <b>Coffee Cake</b> Sweet & Sour Chicken Egg Roll Steamed Broccoli Brown Rice	23 <b>Tornado</b> Chicken Nuggets Mashed Potatoes Gravy Dinner Roll	24 <b>Apple Frudel</b>  Pizza Steamed Corn Slushies
27 <b>Egg &amp; Cheese Biscuit</b> Crispitos Nachos Steamed Broccoli	28 <b>Breakfast Pizza</b> French Toast Sticks Egg & Sausage Patty 100% Juice Tri Tater	29 <b>Cereal</b>  Chili OR Chicken Noodle Soup Cinnamon Rolls Saltines	30 <b>Strawberry Bagel</b> Chicken Fajitas Green Beans Long John	31 <b>Pancake Wrap</b>  Cheeseburger Mac & Cheese Steamed Peas Garlic Bread Stick

All grains are whole grain rich.

Fresh fruit and vegetable bar offered daily with lunch.

A variety of fruit and juice is offered daily with breakfast.

A variety of low-fat and fat-free milk is offered daily with breakfast and lunch.

Menu is subject to change without notice.

All beef is donated and locally raised.



Heartland Community Schools is an equal opportunity provider.